

Energy Recalibration Therapy

AND REIKI COMBINED

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Are you looking to heal yourself, to move on from Stress or trauma and/or blockages in your life?

Look no further – check out the benefits of

‘Energy Recalibration Healing Therapy’:

Some of the Benefits of Energy Recalibration Healing:

- Creates deep relaxation and aids the body to release stress and tension
- It accelerates the body’s self-healing abilities
- Aids better sleep
- Removes energy blockages, adjusts the energy flow of the endocrine system bringing the body into balance and harmony
- Assists the body in cleansing itself from toxins
- Supports the immune system
- Increases vitality
- Raises the vibrational frequency of the body
- Energy healing will also provide the additional energy required to recover from illness.

Maybe you're new to energy healing and feel the call to experience its effects?

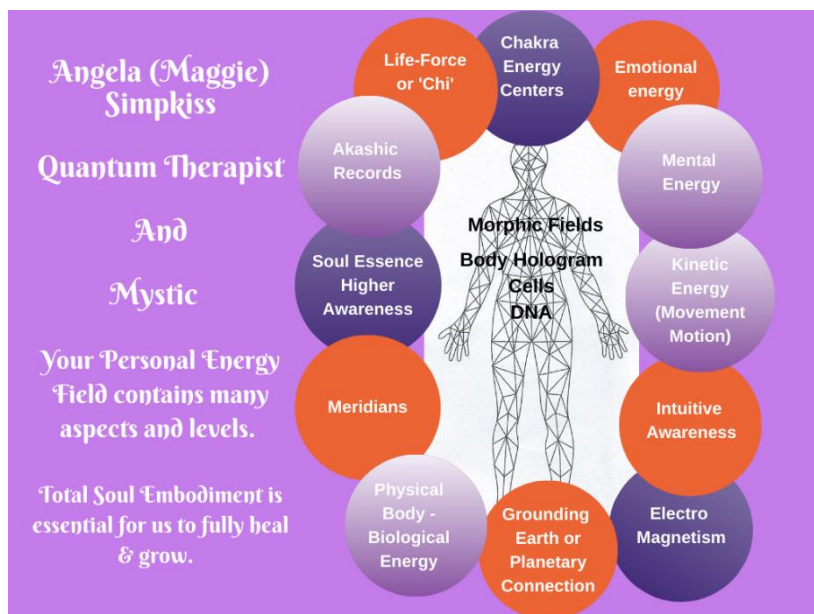
Whatever the reason, we both know the Universe has led you here for a reason.

I'm Angela Simpkins and I offer what I'm Passionate about - 'Energy Healing' to support Light beings like YOU on your own healing journey for the greater good of all.

When you are committed to your own healing and growth, you are best placed to act as a guiding light for others.

Whether you are a beginner or experienced in your field I have something for you!

Soul Embodiment & Energy Field Recalibration



Our Soul Energy, also known as our 'Spiritual Essence' and 'Inner Core' resides in the very Heart of our Being and within every cell of our body. Our Soul embodies the 'why' of our existence, our meaning and purpose in life.

The pull of our Soul energy grounds us by making solid contact with the earth, especially through our feet and legs.

When we are grounded, we are: "Rooted in sensation, feeling, action, and the solidity of the material world. Grounding provides a connection that makes us feel safe, alive, centered in our-selves, and rooted in our environment". (Anodea Judith 2004 'Eastern Body Western Mind').

Your Soul, or the very Essence of who you truly are, can be thrown off balance by chronic and/or acute stress, anxiety, illness, accidents, and trauma.

When this occurs communication between your inner self/soul and physical body becomes more and more disconnected, to the point where you may feel numb or flat, or just don't feel comfortable in your skin!

Total Soul Embodiment is Essential for us to fully heal and harness our potential for rapid personal growth.

Full Soul Embodiment allows us to Feel comfortable in our skin, allows us to feel Grounded & Alive again

Energy Field Recalibration

'Energy Field Recalibration' goes 'hand-in-hand' with

Soul Embodiment. This is because:

The bridge that links Soul & Body is 'Energy/Information Exchange'

There is a continuous energy/information exchange between our Soul and Body via our chakras, aura, meridians etc., and when this breaks down, at any level, your health is impaired.

Recalibration of your energy field/Aura-Chakras simply means to: 'Adjust', 'Amend', 'Modify', 'Finely-Tune' or Re-align your subtle energy bodies.

When you maintain a healthy, balanced energy level, a real sense of wholeness is experienced

Removing energy blocks, re-aligning, and Increasing the flow of your energy allows the body to re-balance and heal itself. With regular maintenance, your subtle energy body will naturally bring you into alignment and balance.

It's that simple. Sustaining a vibrant and flowing energy system is the key to a healthy life.



**I use some or all of these Energy - vibrational tools
when recalibrating your energy bodies**

Reiki Healing Therapy

What is Reiki?

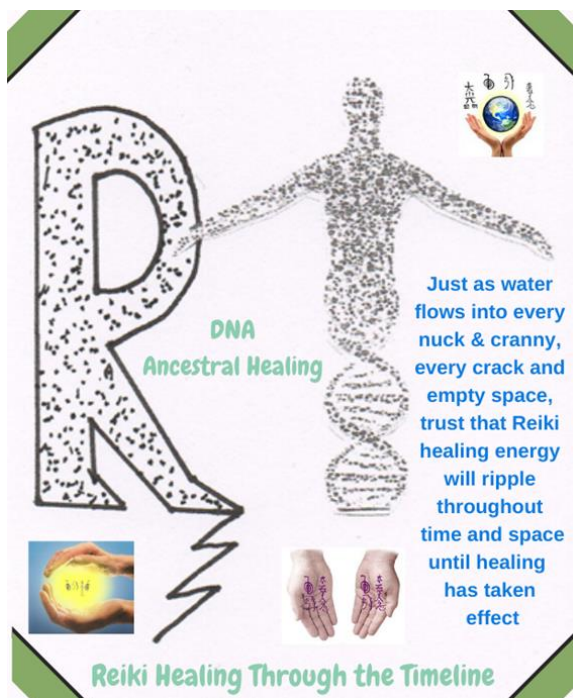
Reiki is a system of natural therapeutic, and complementary treatment to conventional medicine, that enhances the body's natural ability to heal itself.

Ancestral Healing

We all store negative programming from our childhood, relationships and all sorts of life experiences; this negative programming can have a terrible effect upon our health. Through the science of Quantum mechanics, we have learned that we also store negative programming/illnesses and dis-ease from ancestral imprints.

The DNA and behaviour patterns (negative & positive) of relatives we have never even met ripples through us, and those ripples continue to affect us until a therapeutic change has occurred, so that the interference patterns are calmed once more.

As a Reiki Master, I can activate 'Cho-Ku-Rei', 'Se-He-Ki', 'Hon-Sha-Ze-Sho-Nen' and Dai Ko Myo which are the symbols that trigger self-healing within your cellular memory, and energy fields, as well as your ancestral timeline.



Reiki healing can assist where there is a disruption of energy flow, not only in the present moment, but also distant healing can be sent to your past and ancestral line, as well as sent into any future events that you may need support with. Energy travels and it is not restricted to spatial or chronological dimensions. Because Reiki utilizes the vital energy of life from the Universe, it is generally accepted that the therapeutic action can take place on multidimensional levels, in different subtle bodies and in diverse timelines. Reiki therapy can bring balance, harmony and re-alignment to body, mind, emotions and spirit because it

works primarily with the energy fields and the flow of vital energy through every level of your being.

Benefits of Reiki

- Individualization of treatment; which means I treat the person and not just a dis-ease/ or disorder.
- Reiki triggers your self-healing process, so you are at the forefront of your own healing/therapeutic effects.
- Reiki Therapy has no known contraindications to any other treatments; in fact, it complements conventional medicines.
- You the client can receive a Reiki attunement and start your own self-therapeutic sessions.

